

# Which chakra parts influence/need which body parts

Update 4. 8. 2014 – Changes in red

## The 2. chakra

1. Beauty

2. Strength/energy

3. Appearance

4. Food/digestion

5. Reproduction

6. Regeneration/resistance (physical body)

7. Heal (self healing of energy body)

8. Dying

	no. of channels	Chakra parts								
Muscles	2	1	2	3						
Skin	2	1	2	3						
Belly button	1				5					
Outer channel	1			3	4	5				
Spleen	1		2		4		6			
Bone marrow	1						6			
Addendum appendix	1						6	7		
Tonsils	1				4		6			
Thyroid	2				4		6			
Lymph nodes	2						6			
Lymph channel	2						6			
Small intestine	1				4	5	6	7		
Large intestine upwards	1				4	5	6			
Large intestine downwards	1				4	5	6			
Kidneys	2		2				5			
Bladder	1						5			
Appendix	1						5			
Uterus/prostate	1		2				5	7		
Vagina/prostate 2	1						5	6	7	
Pineal gland (epiphysis) 1	1		2							
Pineal gland (epiphysis) 2	1						5	6	7	8
Eyeballs	2				3			6		
Lenses	2				3					
Set of teeth	5					4				
Tongue	1		2			4			7	
<b>Data conduit</b>										
Pancreas 1, 2, 3	3					4				
Stomach	1					4				
Liver and gall bladder	1					4				
Large intestine	1					4				

### The root chakra

- 1. The connection to time
- 2. The connection to space
- 3. The connection to matter
- 4. The nest, the home
- 5. The tools (prosperity)
- 6. The muscularity
- 7. The connection to the entities of earth
- 8. The connection to animal and human

Nose	1	1	2	3	4	5	6	7	8
Hair and nails	1	1	2	3	4	5	6	7	8
Teeth	4	1	2	3	4	5	6	7	8
Bone	1	1	2	3	4	5	6	7	8
Ovaries/ penis, testicles	1	1	2	3	4	5	6	7	8

### The heart chakra

- 1. Emotional management
- 2. Emotional intensity regulation
- 3. Contact to one's soul
- 4. Contact to other souls (no body parts)
- 5. Wellbeing/feeling well
- 6. Partnership
- 7. Sexuality
- 8. Socializing – opening paths

Outer channel	1				4				
Visual center	2						6		
Lips	2						6		
Hypothalamus 1	1						6		
Hypothalamus 2	1		1		3				
Hypothalamus 3	1								8
Hypothalamus 4	1								8
Gums	2		1				6		
Heart	1		1	2	3		5	6	7
Aorta	1						5	6	7
Lungs	2						5	6	8
Nipples (breasts)	2			2	3				7
Upper arms	2			2				6	8
Thighs	2			2				6	8

### Special connections eyelids (data conduits)

2. Chakra	1	Beauty
2. Chakra	1	Clothing
3. Chakra	1	Create space
4. Chakra	2	Partnership

### The solar plexus chakra

- |                                       |   |
|---------------------------------------|---|
| <b>1. Friend/Foe detection</b>        | <b>5. Protection of the heart chakra &amp; soul</b> |
| <b>2. Center of resistance</b>        | <b>6. Boundaries</b>                                |
| <b>3. Intention, Path, Direction*</b> | <b>7. Creating space</b>                            |
| <b>4. The Self-center*</b>            | <b>8. Destroying</b>                                |

\* 3 and 4 are at the disposal of the energy of the higher self

Hearing center and inner ear	2						7	8
Muscles of the face and skin	2	1	2		4			
Joints of the Feet	2	1		3			7	
Elbow - ligaments	2	1	2	3			7	8
Solar plexus 1*	1		2	3				
Solar plexus 2*	1					5		
Solar plexus 3*	1				4			
Solar plexus 4*	1						6	7
Large intestine middle part	2	1			4			
Pancreas 1	1							8
Pancreas 2	1				4			
Pancreas 3	1		2					
Liver and gall bladder	1		2		4		6	
Stomach	1	1	2		4			8
Esophagus	1		2				6	

\* The solar plexus has only one body container, but with 4 compartments and 4 body channels.

### The neck chakra

- 1. Fighting; to prevail**
- 2. Express emotions**
- 3. Healing – oneself and others**
- 4. Reign, management, authority, charisma**
- 5. Ability, mastery, skill**
- 6. Persuasiveness, to be able to influence others**
- 7. 7a -Magical powers, 7b - Telepathy**
- 8. Path of expression for the higher self (from the solar plexus)**

Neck and shoulder muscles	2	1						
Thyroid	2	1		3			7a	
Parathyroid glands	2	1		3				
Larynx	2	1	2	3	4		6	7b 8
Windpipe	2	1	2		4	5		7b 8
Adrenal glands	2		2	3	4		6	
Mouth	2		2			5		
Lower arms and hands	2				4	5	6	7b 8
Lower leg	2				4		6	7b 8
Balance system	2							7b

### Data conduits – neck chakra

- 1. Fighting; prevailing**
- 3. Healing – oneself and others**
- 5. Ability, mastery, skill**

### 8. Path of expression for the higher self (from solar plexus)

Visual center left	1	1							
Visual center right	1				5				
Acoustic center left	1		3						
Acoustic center right	1								8

### Other data conduits

Hypophysis 1	1	Forehead chakra
Hypophysis 2	1	Forehead chakra
Hypophysis 2	1	Nose

### Neck chakra in former Nefilim

1. Fighting
2. Express emotions
3. Heal – oneself and others
4. Telekinesis 3
5. Teleportation 3
6. Influence on energy and physical body of others  
(Really powerful against foes)
7. 7a -Magical powers, 7b - Telepathy
8. Path of expression for the higher self (from solar plexus)
9. Telekinesis 1\*
10. Telekinesis 2
11. Teleportation 1
12. Teleportation 2

\*Creator souls, who were Dragons or Mantis, have this chakra part as well

Neck and shoulder muscles	2	1							
Thyroid	2	1	3		6	7a			11
Parathyroid glands	2	1	3	5				10	
Larynx	2	1	2	3	4	6	7b	8	9
Windpipe	2	1	2		5	6	7b	8	
Adrenal glands	2		2	3	4				12
Mouth	2		2						
Lower arm and hands	2					7b	8	9	
Lower legs	2					7b	8		
Balance system	2					7b			

On foot and knee chakras of the Nefilim are 16 chakra parts, which I haven't analyzed yet.