

Functions of the Chakra Parts

Root chakra	Second chakra
1.1 The connection to time	2.1 Beauty
1.2 The connection to space	2.2 Energy
1.3 The connection to matter	2.3 Appearance
1.4 The nest, the home	2.4 Food
1.5 The tools	2.5 Reproduction
1.6 The body frame	2.6 Regeneration/Resistance
1.7 The connection to the Earth beings	2.7 Healing
1.8 The connection to animal and human	2.8 Dying
Solar plexus chakra	Heart chakra
3.1 Friend/Foe identification	4.1 Emotion management
3.2 Center of resistance	4.2 Emotion intensity regulation
3.3 Intention, path, sense of direction	4.3 Contact to one's soul
3.4 The Self-center	4.4 Contact to other souls
3.5 Protection of the heart chakra and of the soul	4.5 Transferring intentions into the chakras
3.6 Boundaries	4.6 Partnership
3.7 Creating space	4.7 Sexuality
3.8 Destroying	4.8 Socializing – opening paths
Neck chakra	
5.1 Fighting, prevailing	
5.2 Expressing emotions	
5.3 Healing – oneself and others	
5.4 Dominating, authority, charisma	
5.5 Ability, mastery, skill	
5.6 Ability to convince, wielding influence	
5.7 Magical powers, telepathy	
5.8 Way of expression for the Self out of the solar plexus	